

Starts Jan 18th

for WOMEN

Get into Great Shape & Win

Thousands In Prizes

Including a **CRUISE** for 2 to the

Top Results & Lots of Spa Pampering

Lost

21 lbs. & 31"





NEW: Couples Category

Lost 12 lbs.

Husband follows the eating plan too while the wife workouts with us. The top resultsof the married couple will also win acruise for two! Husbands get 83% off.



Reserve Your Spot on the Website or Call

The last contestants lost 1248 lbs.! We throw a HUGE banquet at the end & the top 20 results win a prize and get a crystal award. Top 5 win a makeover by...

-Personal Training

-Simple Delicious Eating Plan

-Coaching with Samantha

813 - 377-3739

100% Money Back Guarantee

www.6WeekBTC.com

PRIVATE PERSONAL TRAINING STUDIO

Wesley Chapel & Land O Lakes

Exclusively for Women

Personal Training & Delicious Eating

Samantha Taulor

- **Private or Semi-Private Training**
- Learn how to eat healthy and love it Me
 - Fun, effective 30 minute workouts
 - NO pills & NO shots all Natural

Call for your Complimentary **Body Transformation Analysis** reserve your meeting with Samantha at

Call 813-377-2255

www.PureHealthStudios.com/consult



Lost

Wesley Chapel: 2653 Bruce B Downs Blvd. #205 Land O Lakes: 2206 Knight Rd.



FREE SEMINARS

New Year, New You for 2016"

- Map out Your Plan for Success - PLanning, Mindset & Goals

*Land O Lakes: Sat Jan 2nd 12:30pm

"How to Lose 9 to 28 lbs. in 6 Weeks"

*Wesley Chapel: Fri Jan 8th 6:00pm *Land O Lakes: Sat Jan 9th 12:30pm

> Enjoy delicious healthy Desserts & Gourmet Coffee (Reserve your seat at PureHealthStudios.com)